

PATIENT INFORMATION LEAFLET

Citalopram Arya 20/ 40

Citalopram 20/ 40 mg Film-Coated Tablet

Please read all of this leaflet carefully before you start taking this medicine.

- Keep this leaflet. You may need to read it again.
- If you have any further questions, please ask your doctor or your pharmacist.
- This medicine is not available without prescription.
- If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor or pharmacist.
- This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their signs of illness are the same as yours.

What you see in this leaflet:

1. What Citalopram Arya 20/ 40 is and what they is used for
2. What you need to know before you take Citalopram Arya 20/ 40
3. How to take Citalopram Arya 20/ 40
4. Possible side effects
5. How to store Citalopram Arya 20/ 40
6. Contents of the pack and other information

1. What Citalopram Arya 20/ 40 is and what it is used for

ATC code: N06AB04

Citalopram Arya 20/ 40 is known as a selective serotonin reuptake inhibitor (SSRI). Citalopram Arya 20/ 40 is used for the treatment of depression.

2. What you need to know before you take Citalopram Arya 20/ 40

Contraindications: Allergy to citalopram or any of the inactive ingredients.

-Warnings and precautions: Check with your doctor before taking Citalopram Arya 20/ 40 if you:

- are a diabetic patient.
- have drug abuse or history of dependence on drug.
- have heart diseases.
- have hepatic function disorders.
- have mania or history of hypomania (mental problems).
- have severe kidney problems.
- have history of seizure disorders.
- are depressed with abnormal behavior and a tendency for suicide.

-Other important information: Do not take Citalopram Arya 20/ 40 with or within 14 days of taking an MAO inhibitor. Do not take an MAO inhibitor within 14 days of taking Citalopram Arya 20/ 40.

-Children and adolescents: Because of food and drug administration reports of the occurrence of suicidality in clinical trials for various antidepressant drugs in pediatric patient with major depressive disorder (MDD), citalopram must be used with caution in treating pediatric patients for MDD.

-Other medicines and Citalopram Arya 20/ 40: Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines: Monoamine oxidase (MAO) inhibitors (such as phenelzine, tranylcypromine), linezolid, central nervous system

activators, lithium, warfarin, tricyclic antidepressants (TCAs), aspirin, carbamazepine, metoprolol, cimetidine, alcohol.

- Citalopram Arya 20/ 40 with food and drink: Take the tablet with or without food. Avoid drinking alcoholic beverages.

-Pregnancy and breast-feeding

-Pregnancy: Citalopram Arya 20/ 40 should be used during pregnancy only if there are more benefits than risk. (FDA Pregnancy Category: C)

-Breast-feeding: Citalopram is excreted in breast milk, use with caution

-Driving and operating machinery: Citalopram Arya 20/ 40 can cause drowsiness, impairment of judgment, thinking, and motor skills. Do not drive or operate heavy machinery if you do not know how Citalopram Arya 20/ 40 affects you.

3. How to take Citalopram Arya 20/ 40

Always take Citalopram Arya 20/ 40 exactly as your doctor has told you. Do not take more medication than prescribed. Do not stop taking the medication if there is no improvement; it may take four weeks of treatment before antidepressants' effects are seen. Do not abruptly discontinue the medication.

-If you forget to take Citalopram Arya 20/ 40

Discuss with your physician what to do about any missed doses since some patients take citalopram in the morning and other patients take it in the evening.

-Overdose: If you have taken too many tablets, you should tell your doctor or go to your local hospital immediately. Take the pack of citalopram with you if you can.

4. Possible side effects

Like all medicines, Citalopram Arya 20/ 40 can have side effects, although not everybody gets them.

-Common: insomnia, somnolence, tremor, sweating (increased), diarrhea, dry mouth, nausea

-Less common: agitation, anxiety, fatigue, loss of libido (sexual desire), abdominal pain, vomiting, rhinitis

-Rare: hypertension, hot flushes, myalgia, edema

5. How to store Citalopram Arya 20/ 40 Tablets

Keep out of the reach of children. Do not take after the expiry date stated on the blister and carton. The expiry date refers to the last day of that month. Protect from moisture and light at a temperature of no higher than 30° C.

6. Contents of the pack and other information

-What each Tablet contains: Each tablet contains 20/ 40 mg citalopram (as hydrobromide) as active ingredient.

-What is in the pack: Citalopram Arya 20/ 40 film-coated tablets are packed in three transparent ALU- PVC blister packs of ten tablets in carton boxes.

Manufacturer:

Arya Pharmaceutical Company

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